

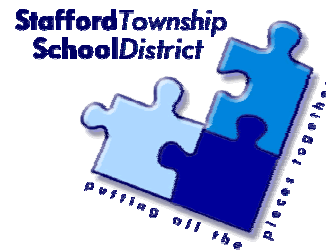
# Did you know...

---

work and is **dangerous!** Children have died from inhaling the vapors or from being burned because it is highly flammable.

## **Never use Kerosene!**

- Most schools want children with Head Lice treated and back to school right away. Contact your school nurse.
- School nurses will not judge you, report you, or tell others if you ask for assistance in dealing with Head Lice. We handle Lice in a confidential manner. We know that any child in any family can catch them, and most of us who are parents have been through it at least once ourselves.



For additional information contact your school nurse at 609-978-5700

Primary Learning Center x1276  
Ocean Acres x1113  
Oxycocus x1073  
McKinley Avenue x1140  
Intermediate x1074  
District Nurse Coordinator x 1205



## Wellness Series

Keeping students healthy,  
fit and eager to learn

---

## Head Lice Did you know...





## Did you know...

---

- Head Lice are not a sign of uncleanliness; they love clean hair because it is easier to latch on.
- Lice do not hop, jump or fly. The only way they can get from one person to another is by direct head to head contact.
- Lice are not passed on pets. The only place Head Lice can survive and thrive is on the human head.
- When found, most cases of Head Lice are already more than a month old. One sign is a red itchy rash on the back of the neck, just below the hair line.
- Because Head Lice have become resistant to the products that once would kill them, no Head Lice product is 100% effective. That is why combing and nit removal is important.
- Never treat or retreat “just in case.” Head Lice products are pesticides, which are toxic if over-used and can be absorbed through the skin. Follow the directions carefully.
- Hats and coats touching in school are not sources of lice and there is no need to separate or bag them. A louse on a hat or coat is a dying louse who will not be capable of reproducing. Healthy ones stay close to the scalp until they sense another human head. They cannot survive without blood, that is why they bite.
- Removing the nits (eggs) and live lice with your fingernails or metal-tooth comb is time-consuming, but the most effective way to get rid of them. They do not wash out.
- Schools are not the most common places where Head Lice are spread, even though school have been blamed in the past. Sleep-Overs among friends and relatives are thought to be a common way they are passed home to home.
- **The most effective screening for lice** and nits occurs when parents check their own children at home, treat if any are found, and make efforts to remove the nits.
- One of the biggest challenges in eliminating Head Lice is parents’ discomfort in communicating about the problem with other parents when they find Head Lice. So they are more easily passed back and forth among close friends and relatives.
- Nit and lice removal is tedious, but there are some simple products that may help. Vinegar, real mayonnaise, olive oil and Dawn dish soap all have their fans, even though none of these have been proven. The way they seem to help is by loosening the glue that the nits use to attach to the hair shaft.
- Grandma’s old remedy of kerosene for head lice does not

