

# NEWS from the NEST

Volume 3, Issue 9  
May 2019



## Notes from the Director!

It is hard to believe that our school is almost to an end! May is our last full month of school! We have many exciting activities planned this month!

May 6-May 10 is Teacher Appreciation Week. I am so thankful for the wonderful staff we have at Oxycocus and what they do to make our school a wonderful learning community!

*~Mr. Wilkinson*

## What We're Learning:

The themes covered this month will be Space and M.A.R.E. Holidays this month will be Cinco De Mayo, Mother's Day & Memorial Day.

## Why we do, what we do!

### Science:

Preschoolers are scientists. They learn about the world by observing and experimenting. Natural things fascinate them, from rocks to animals, to their baby brothers and sisters. They also notice the many ways that they can influence the natural world. Preschoolers may plant seeds, or watch what happens to an ice cube in a warm room. They'll test what sinks and what floats at the water table, and which blowers make the biggest bubbles.

## Important Dates:

- |        |   |
|--------|---|
| May 6  | Parent Advisory Committee Meeting<br>6pm @ PLC          |
| May 21 | Art Show @ 6pm @ Oxy                                    |
| May 22 | Student Tour of PLC (*only those going to Kindergarten) |
| May 27 | School Closed-Memorial Day                              |
| May 29 | Stepping Up Ceremonies/<br>Family Fun Day               |

# NURSE NEWS

Our school nurse is  
Mrs. Eileen Mancini  
609-978-5700 ext. 1073

Weather is getting warmer and you will want to be outside with your preschooler. Here are some tips for them to have a fun-and accident-free spring!

1. Do a Helmet Check- A good rule of thumb is if your child is on anything with wheels, he or she should wear a helmet.
2. Protect Skin from the sun-Just because the sun isn't at its summery brightest, there's no reason to forgo applying sunscreen of SPF 30 or higher. "Most spring sports and activities take place outdoors, usually during the hottest time of the day.
3. Test outdoor toys-Any equipment that's being pulled out of storage should be checked for stability and to make sure it's in good working order before anybody uses it.
4. Stay Hydrated-With a rush back outdoors, it's often easy to forget to drink water. Provide your child with water plus a banana to balance electrolytes. Avoid sports drinks.
5. Protect the Teeth-If your older kids are starting to do peeewee football or baseball, get them mouth guards, especially since the Academy of General Dentistry estimates that wearing mouth guards prevents more than 200,000 injuries a year.
6. Seek the Shade-During the warm weather, dress your children in light, loose-fitting clothes to help them stay cool as the day (or sport) heats up. Layers are always a good idea. And encourage your kids to take advantage of shaded areas whenever possible. Be aware that children are more prone to getting overheated than adults,



## PM PICK UPS:

If you are planning on picking up your child early from school and did not send in a note we request that you contact your child's teacher or our main office at 1270 prior to 2:45 pm to allow us time to contact the student and teachers prior to bus dismissal.

## REMINDERS:

Students who qualify for free or reduced lunch are also eligible to receive free or reduced breakfast, which is available at all Stafford Schools. Please see the Stafford School's web page to find the breakfast menus in the Food Service link. The price of a reduced breakfast is \$0.30. Remember that you can prepay for meals using [www.payforit.net](http://www.payforit.net)

**Carline is available daily  
starting at 8:52 am.**

**Read with your child  
every night!**

Monthly tuition payments are due the 15<sup>th</sup> of each month. Please call the main office: 609-978-5700, ext. 1270 if you have any questions.

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